



We Can Help You Achieve Your Wellness Goals



About

On-Site Health Solutions will provide professional and medically trained staff to administer the biometric component of your event. We are proud to be an in-network provider with Anthem, Cigna and UHC. Fully insured groups can utilize our program at no cost for the preventive screenings done at the worksite. Travel TBD



Confidentiality

OHS understands the importance of privacy and confidentiality. Your employer will NOT know your numbers as all personal health information is CONFIDENTIAL

Measure

- Weight, Waist Circumference, Blood Pressure & Body Mass Index
- Fingerstick Blood Profile – Total Cholesterol, HDL (Good), LDL (Bad), Triglycerides (Fat) and Fasting Glucose (Sugar)
- Less than ten minutes to Know Your Numbers



Motivate

A personal health counseling interaction or telehealth visit will take place with our nurse practitioner(s) to ensure all associates understand results. An action plan is also included to address any areas of risk. Each carrier has guidelines for rewards.

KNOW YOUR NUMBERS